

CORRIDA DAS CANTARINHAS 2017
 DATA: 30 de Abril de 2017
 LOCAL: Praça do Município - BRAGANÇA

ORGANIZADORES:



10 km

Escalão/Sexo: ABSOLUTOS GERAL - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição(Class Geral)	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	4	RUI	MUGA	Male	Seniores M	CLUBE ACADEMICO DE MOGADOURO	1	00:33:07.29	03:19
2	10	JOAO	MELGO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3902	00:34:51.54	03:29
3	28	MANUEL	PALMEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3645	00:38:27.55	03:51
4	32	LUCINDA	MOREIRAS	Female	F40	AMIGOS DO CAMPO REDONDO	3550	00:38:57.81	03:54
5	34	JORGE	PIRES	Male	M40	GINÁSIO CLUBE DE BRAGANÇA	3668	00:39:20.81	03:56
6	48	JOSE	BRAGADA	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3653	00:40:57.55	04:06
7	57	JOAO	SILVA	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3663	00:42:00.31	04:12
8	58	HELDER	FONSECA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3608	00:42:01.06	04:12
9	60	JOAO	REGINO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3675	00:42:38.56	04:16
10	61	DIOGO	AFONSO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3617	00:42:38.81	04:16
11	62	NUNO	FREITAS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3657	00:42:53.85	04:17
12	63	EUGENIO	GRANADEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3611	00:42:55.60	04:18
13	67	CARLOS	GONCALVES	Male	Seniores M	GINASIO CORPUS	3581	00:43:07.81	04:19
14	69	MONICA	MOREIRAS	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3594	00:43:25.81	04:21
15	70	FILIPE	AFONSO	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3665	00:43:31.56	04:21

16	77	FILIFE	PINHEIRO	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3606	00:44:27.56	04:27
17	78	CARLA	SANTOS	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3604	00:44:28.31	04:27
18	81	TIAGO	AFONSO	Male	Seniores M	GINASIO CORPUS	3588	00:44:35.06	04:27
19	86	NELSON	MUGA	Male	Seniores M	CLUBE ACADEMICO DE MOGADOURO	3580	00:45:14.56	04:31
20	91	PEDRO	GONCALVES	Male	M40	GINÁSIO CLUBE DE BRAGANÇA	3659	00:45:45.61	04:34
21	96	PEDRO	FARIA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3662	00:46:16.61	04:38
22	97	LUIS	CANOTILHO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3666	00:46:27.06	04:39
23	100	LUIS	SA	Male	M40	AMIGOS DO CAMPO REDONDO	3551	00:47:16.61	04:44
24	101	MONICA	FERNANDES	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3649	00:47:19.57	04:44
25	104	PAULO	RODRIGUES	Male	Seniores M	GINASIO CORPUS	3592	00:47:34.82	04:45
26	106	RUI	PEREIRA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3610	00:48:12.32	04:49
27	110	RAUL	PEREIRA	Male	M50	AMIGOS DO CAMPO REDONDO	3559	00:48:30.32	04:51
28	111	ANA	PEREIRA	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3516	00:48:34.32	04:51
29	116	ANTONIO	ROCHA	Male	Seniores M	AMIGOS DO CAMPO REDONDO	3567	00:49:00.09	04:54
30	128	RAFAEL	SANTOS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3634	00:51:13.33	05:07
31	134	ALEX	TRINO	Male	Seniores M	AMIGOS DO CAMPO REDONDO	3627	00:52:18.58	05:14
32	137	JORGE	PRADA	Male	Seniores M	GINASIO CORPUS	3558	00:52:47.33	05:17
33	139	CATARINA	PARREIRA	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3607	00:52:52.66	05:17
34	141	LUIS	LOPES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3545	00:53:14.63	05:19
35	143	RUI	RODRIGUES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3555	00:53:15.22	05:20
36	144	LUISA	PRETO	Female	F40	AMIGOS DO CAMPO REDONDO	3546	00:53:35.64	05:21
37	146	MARCO	PIRES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3652	00:53:46.86	05:23
38	151	DELMINA	ROMAO	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3671	00:54:18.38	05:26
39	152	CASIMIRO	CARNEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3605	00:54:18.58	05:26
40	156	SERGIO	MOTA	Male	Seniores M	GINASIO CORPUS	3587	00:55:38.09	05:34

41	157	ANABELA	PIRES	Female	Seniores F	GINASIO CORPUS	3562	00:55:38.84	05:34
42	159	LURDES	FERREIRA	Female	F50	AMIGOS DO CAMPO REDONDO	3565	00:56:00.59	05:36
43	171	ANA	QUTERIO	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3523	00:58:12.10	05:49
44	172	LUIIS	SANTOS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3681	00:58:12.10	05:49
45	176	MARIA	MARVILHA	Female	F50	AMIGOS DO CAMPO REDONDO	3568	00:59:00.11	05:54
46	177	EDUARDO	MEDEIROS	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3599	00:59:00.35	05:54
47	178	ANABELA	BORDALO	Female	F40	AMIGOS DO CAMPO REDONDO	3552	00:59:00.75	05:54
48	180	CATARINA	MARIA	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3575	00:59:20.05	05:56
49	181	BRUNO	GONCALVES	Male	Seniores M	GINASIO CORPUS	3573	00:59:21.59	05:56
50	186	ZITA	JOAO	Female	F50	AMIGOS DO CAMPO REDONDO	3556	01:00:20.60	06:02
51	187	ROSALIE	DELGADO	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3549	01:00:20.85	06:02
52	188	JUDITE	SOUSA	Female	F40	AMIGOS DO CAMPO REDONDO	3563	01:00:22.86	06:02
53	195	MANUEL	VELOSO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3603	01:03:00.61	06:18
54	197	CATARINA	ROCHA	Female	Seniores F	GINASIO CORPUS	3589	01:05:21.11	06:32
55	200	JOANA	ALVES	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3615	01:07:47.37	06:47

Escalão/Sexo: GERAL FEMININOS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição(Class Geral)	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	32	LUCINDA	MOREIRAS	Female	F40	AMIGOS DO CAMPO REDONDO	3550	00:38:57.81	03:54
2	69	MONICA	MOREIRAS	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3594	00:43:25.81	04:21
3	78	CARLA	SANTOS	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3604	00:44:28.31	04:27
4	101	MONICA	FERNANDES	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3649	00:47:19.57	04:44
5	111	ANA	PEREIRA	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3516	00:48:34.32	04:51
6	139	CATARINA	PARREIRA	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3607	00:52:52.66	05:17

7	144	LUISA	PRETO	Female	F40	AMIGOS DO CAMPO REDONDO	3546	00:53:35.64	05:21
8	151	DELMINA	ROMAO	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3671	00:54:18.38	05:26
9	157	ANABELA	PIRES	Female	Seniores F	GINASIO CORPUS	3562	00:55:38.84	05:34
10	159	LURDES	FERREIRA	Female	F50	AMIGOS DO CAMPO REDONDO	3565	00:56:00.59	05:36
11	171	ANA	QUTERIO	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3523	00:58:12.10	05:49
12	176	MARIA	MARVILHA	Female	F50	AMIGOS DO CAMPO REDONDO	3568	00:59:00.11	05:54
13	178	ANABELA	BORDALO	Female	F40	AMIGOS DO CAMPO REDONDO	3552	00:59:00.75	05:54
14	180	CATARINA	MARIA	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3575	00:59:20.05	05:56
15	186	ZITA	JOAO	Female	F50	AMIGOS DO CAMPO REDONDO	3556	01:00:20.60	06:02
16	187	ROSALIE	DELGADO	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3549	01:00:20.85	06:02
17	188	JUDITE	SOUSA	Female	F40	AMIGOS DO CAMPO REDONDO	3563	01:00:22.86	06:02
18	197	CATARINA	ROCHA	Female	Seniores F	GINASIO CORPUS	3589	01:05:21.11	06:32
19	200	JOANA	ALVES	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3615	01:07:47.37	06:47

Escalão/Sexo: SENIORES FEMININOS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição(Class Geral)	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	69	MONICA	MOREIRAS	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3594	00:43:25.81	04:21
2	139	CATARINA	PARREIRA	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3607	00:52:52.66	05:17
3	157	ANABELA	PIRES	Female	Seniores F	GINASIO CORPUS	3562	00:55:38.84	05:34
4	171	ANA	QUITERIO	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3523	00:58:12.10	05:49
5	180	CATARINA	MARIA	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3575	00:59:20.05	05:56
6	187	ROSALIE	DELGADO	Female	Seniores F	AMIGOS DO CAMPO REDONDO	3549	01:00:20.85	06:02
7	197	CATARINA	ROCHA	Female	Seniores F	GINASIO CORPUS	3589	01:05:21.11	06:32
8	200	JOANA	ALVES	Female	Seniores F	GINÁSIO CLUBE DE BRAGANÇA	3615	01:07:47.37	06:47

Escalão/Sexo: VETERANAS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição Class	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	32	LUCINDA	MOREIRAS	Female	F40	AMIGOS DO CAMPO REDONDO	3550	00:38:57.81	03:54
2	78	CARLA	SANTOS	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3604	00:44:28.31	04:27
3	101	MONICA	FERNANDES	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3649	00:47:19.57	04:44
4	111	ANA	PEREIRA	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3516	00:48:34.32	04:51
5	144	LUISA	PRETO	Female	F40	AMIGOS DO CAMPO REDONDO	3546	00:53:35.64	05:21
6	151	DELMINA	ROMAO	Female	F40	GINÁSIO CLUBE DE BRAGANÇA	3671	00:54:18.38	05:26
7	159	LURDES	FERREIRA	Female	F50	AMIGOS DO CAMPO REDONDO	3565	00:56:00.59	05:36
8	176	MARIA	MARVILHA	Female	F50	AMIGOS DO CAMPO REDONDO	3568	00:59:00.11	05:54
9	178	ANABELA	BORDALO	Female	F40	AMIGOS DO CAMPO REDONDO	3552	00:59:00.75	05:54
10	186	ZITA	JOAO	Female	F50	AMIGOS DO CAMPO REDONDO	3556	01:00:20.60	06:02
11	188	JUDITE	SOUSA	Female	F40	AMIGOS DO CAMPO REDONDO	3563	01:00:22.86	06:02

Escalão/Sexo: GERAL MASCULINOS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição Class	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	4	RUI	MUGA	Male	Seniores M	CLUBE ACADEMICO DE MOGADOURO	1	00:33:07.29	03:19
2	10	JOAO	MELGO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3902	00:34:51.54	03:29
3	28	MANUEL	PALMEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3645	00:38:27.55	03:51
4	34	JORGE	PIRES	Male	M40	GINÁSIO CLUBE DE BRAGANÇA	3668	00:39:20.81	03:56
5	48	JOSE	BRAGADA	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3653	00:40:57.55	04:06
6	57	JOAO	SILVA	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3663	00:42:00.31	04:12
7	58	HELDER	FONSECA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3608	00:42:01.06	04:12
8	60	JOAO	REGINO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3675	00:42:38.56	04:16

9	61	DIOGO	AFONSO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3617	00:42:38.81	04:16
10	62	NUNO	FREITAS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3657	00:42:53.85	04:17
11	63	EUGENIO	GRANADEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3611	00:42:55.60	04:18
12	67	CARLOS	GONCALVES	Male	Seniores M	GINASIO CORPUS	3581	00:43:07.81	04:19
13	70	FILIPE	AFONSO	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3665	00:43:31.56	04:21
14	77	FILIPE	PINHEIRO	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3606	00:44:27.56	04:27
15	81	TIAGO	AFONSO	Male	Seniores M	GINASIO CORPUS	3588	00:44:35.06	04:27
16	86	NELSON	MUGA	Male	Seniores M	CLUBE ACADEMICO DE MOGADOURO	3580	00:45:14.56	04:31
17	91	PEDRO	GONCALVES	Male	M40	GINÁSIO CLUBE DE BRAGANÇA	3659	00:45:45.61	04:34
18	96	PEDRO	FARIA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3662	00:46:16.61	04:38
19	97	LUIS	CANOTILHO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3666	00:46:27.06	04:39
20	100	LUIS	SA	Male	M40	AMIGOS DO CAMPO REDONDO	3551	00:47:16.61	04:44
21	104	PAULO	RODRIGUES	Male	Seniores M	GINASIO CORPUS	3592	00:47:34.82	04:45
22	106	RUI	PEREIRA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3610	00:48:12.32	04:49
23	110	RAUL	PEREIRA	Male	M50	AMIGOS DO CAMPO REDONDO	3559	00:48:30.32	04:51
24	116	ANTONIO	ROCHA	Male	Seniores M	AMIGOS DO CAMPO REDONDO	3567	00:49:00.09	04:54
25	128	RAFAEL	SANTOS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3634	00:51:13.33	05:07
26	134	ALEX	TRINO	Male	Seniores M	AMIGOS DO CAMPO REDONDO	3627	00:52:18.58	05:14
27	137	JORGE	PRADA	Male	Seniores M	GINASIO CORPUS	3558	00:52:47.33	05:17
28	141	LUIS	LOPES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3545	00:53:14.63	05:19
29	143	RUI	RODRIGUES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3555	00:53:15.22	05:20
30	146	MARCO	PIRES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3652	00:53:46.86	05:23
31	152	CASIMIRO	CARNEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3605	00:54:18.58	05:26
32	156	SERGIO	MOTA	Male	Seniores M	GINASIO CORPUS	3587	00:55:38.09	05:34
33	172	LUIS	SANTOS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3681	00:58:12.10	05:49
34	177	EDUARDO	MEDEIROS	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3599	00:59:00.35	05:54
35	181	BRUNO	GONCALVES	Male	Seniores M	GINASIO CORPUS	3573	00:59:21.59	05:56

36	195	MANUEL	VELOSO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3603	01:03:00.61	06:18
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Escalão/Sexo: SENIORES MASCULINOS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição(Class Geral)	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	4	RUI	MUGA	Male	Seniores M	CLUBE ACADEMICO DE MOGADOURO	1	00:33:07.29	03:19
2	58	HELDER	FONSECA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3608	00:42:01.06	04:12
3	62	NUNO	FREITAS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3657	00:42:53.85	04:17
4	67	CARLOS	GONCALVES	Male	Seniores M	GINASIO CORPUS	3581	00:43:07.81	04:19
5	70	FILIFE	AFONSO	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3665	00:43:31.56	04:21
6	77	FILIFE	PINHEIRO	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3606	00:44:27.56	04:27
7	81	TIAGO	AFONSO	Male	Seniores M	GINASIO CORPUS	3588	00:44:35.06	04:27
8	86	NELSON	MUGA	Male	Seniores M	CLUBE ACADEMICO DE MOGADOURO	3580	00:45:14.56	04:31
9	96	PEDRO	FARIA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3662	00:46:16.61	04:38
10	104	PAULO	RODRIGUES	Male	Seniores M	GINASIO CORPUS	3592	00:47:34.82	04:45
11	106	RUI	PEREIRA	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3610	00:48:12.32	04:49
12	116	ANTONIO	ROCHA	Male	Seniores M	AMIGOS DO CAMPO REDONDO	3567	00:49:00.09	04:54
13	128	RAFAEL	SANTOS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3634	00:51:13.33	05:07
14	134	ALEX	TRINO	Male	Seniores M	AMIGOS DO CAMPO REDONDO	3627	00:52:18.58	05:14
15	137	JORGE	PRADA	Male	Seniores M	GINASIO CORPUS	3558	00:52:47.33	05:17
16	141	LUIS	LOPES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3545	00:53:14.63	05:19
17	143	RUI	RODRIGUES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3555	00:53:15.22	05:20
18	146	MARCO	PIRES	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3652	00:53:46.86	05:23
19	156	SERGIO	MOTA	Male	Seniores M	GINASIO CORPUS	3587	00:55:38.09	05:34
20	172	LUIS	SANTOS	Male	Seniores M	GINÁSIO CLUBE DE BRAGANÇA	3681	00:58:12.10	05:49

21	181	BRUNO	GONCALVES	Male	Seniores M	GINASIO CORPUS	3573	00:59:21.59	05:56
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Escalão/Sexo: VETERANOS MASCULINOS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição(Class Geral)	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	28	MANUEL	PALMEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3645	00:38:27.55	03:51
2	34	JORGE	PIRES	Male	M40	GINÁSIO CLUBE DE BRAGANÇA	3668	00:39:20.81	03:56
3	48	JOSE	BRAGADA	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3653	00:40:57.55	04:06
4	57	JOAO	SILVA	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3663	00:42:00.31	04:12
5	63	EUGENIO	GRANADEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3611	00:42:55.60	04:18
6	91	PEDRO	GONCALVES	Male	M40	GINÁSIO CLUBE DE BRAGANÇA	3659	00:45:45.61	04:34
7	97	LUIS	CANOTILHO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3666	00:46:27.06	04:39
8	100	LUIS	SA	Male	M40	AMIGOS DO CAMPO REDONDO	3551	00:47:16.61	04:44
9	110	RAUL	PEREIRA	Male	M50	AMIGOS DO CAMPO REDONDO	3559	00:48:30.32	04:51
10	152	CASIMIRO	CARNEIRO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3605	00:54:18.58	05:26
11	177	EDUARDO	MEDEIROS	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3599	00:59:00.35	05:54
12	195	MANUEL	VELOSO	Male	M50	GINÁSIO CLUBE DE BRAGANÇA	3603	01:03:00.61	06:18

Escalão/Sexo: JUNIORES MASCULINOS - Distrital

(atletas representantes em clubes filiados na Associação de Atletismo de Bragança)

Class.	Posição(Class Geral)	Nome		Sexo	Escalão	Clube (equipa)	Dorsal	Tempo	Min/Km
1	10	JOAO	MELGO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3902	00:34:51.54	03:29
2	60	JOAO	REGINO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3675	00:42:38.56	04:16
3	61	DIOGO	AFONSO	Male	Juniores	GINÁSIO CLUBE DE BRAGANÇA	3617	00:42:38.81	04:16

5Km	Tempo líquido
00:15:40.88	00:33:06.96
00:16:01.88	00:34:50.02
00:17:38.86	00:38:44.36
00:18:06.11	00:38:59.27
00:18:13.86	00:39:22.72
00:19:02.10	00:40:59.12
00:19:25.39	00:41:55.52
00:19:25.14	00:42:00.54
00:19:31.14	00:42:33.29
00:19:30.89	00:42:51.53
00:20:12.89	00:42:50.33
00:19:38.10	00:42:53.49
00:20:10.10	00:43:10.83
00:20:12.89	00:43:30.37
00:20:09.10	00:43:29.29

00:20:40.13	00:44:25.53
00:20:40.88	00:44:23.28
00:20:52.33	00:44:32.58
00:21:19.08	00:45:13.00
00:21:01.36	00:45:40.10
00:00:11.53	00:46:18.80
00:21:53.83	00:46:28.51
00:21:30.13	00:47:18.99
00:21:51.58	00:47:20.35
00:21:39.08	00:47:47.25
00:23:09.56	00:48:07.80
00:22:06.83	00:48:30.55
00:23:43.81	00:48:23.85
00:22:34.58	00:49:00.09
00:24:37.56	00:51:14.06
00:22:56.86	00:52:22.07
00:23:43.56	00:52:41.85
00:24:13.10	00:52:42.85
00:24:40.10	00:53:09.84
00:24:37.35	00:53:27.87
00:24:33.35	00:53:25.36
00:24:36.10	00:53:49.52
00:24:55.35	00:54:09.26
00:24:56.85	00:54:04.76
00:25:25.83	00:55:25.82

00:25:51.80	00:55:30.39
00:25:49.55	00:56:04.79
00:26:09.53	00:58:01.06
00:26:08.80	00:58:39.83
00:26:57.78	00:58:44.07
00:27:45.08	00:58:44.98
00:27:45.30	00:59:04.07
00:27:57.28	00:59:07.57
00:26:46.78	00:59:09.12
00:27:59.06	01:00:10.32
00:27:32.28	01:00:14.09
00:27:57.56	01:00:31.09
00:28:19.52	01:05:14.33
00:29:27.77	01:05:38.55
00:29:19.52	01:07:33.79

5Km	Tempo líquido
00:18:06.11	00:38:59.27
00:20:12.89	00:43:30.37
00:20:40.88	00:44:23.28
00:21:51.58	00:47:20.35
00:23:43.81	00:48:23.85
00:24:13.10	00:52:42.85

00:24:33.35	00:53:25.36
00:24:55.35	00:54:09.26
00:25:51.80	00:55:30.39
00:25:49.55	00:56:04.79
00:26:09.53	00:58:01.06
00:26:57.78	00:58:44.07
00:27:45.30	00:59:04.07
00:27:57.28	00:59:07.57
00:27:59.06	01:00:10.32
00:27:32.28	01:00:14.09
00:27:57.56	01:00:31.09
00:29:27.77	01:05:38.55
00:29:19.52	01:07:33.79

5Km	Tempo líquido
00:20:12.89	00:43:30.37
00:24:13.10	00:52:42.85
00:25:51.80	00:55:30.39
00:26:09.53	00:58:01.06
00:27:57.28	00:59:07.57
00:27:32.28	01:00:14.09
00:29:27.77	01:05:38.55
00:29:19.52	01:07:33.79

5Km	Tempo líquido
00:18:06.11	00:38:59.27
00:20:40.88	00:44:23.28
00:21:51.58	00:47:20.35
00:23:43.81	00:48:23.85
00:24:33.35	00:53:25.36
00:24:55.35	00:54:09.26
00:25:49.55	00:56:04.79
00:26:57.78	00:58:44.07
00:27:45.30	00:59:04.07
00:27:59.06	01:00:10.32
00:27:57.56	01:00:31.09

5Km	Tempo líquido
00:15:40.88	00:33:06.96
00:16:01.88	00:34:50.02
00:17:38.86	00:38:44.36
00:18:13.86	00:39:22.72
00:19:02.10	00:40:59.12
00:19:25.39	00:41:55.52
00:19:25.14	00:42:00.54
00:19:31.14	00:42:33.29

00:19:30.89	00:42:51.53
00:20:12.89	00:42:50.33
00:19:38.10	00:42:53.49
00:20:10.10	00:43:10.83
00:20:09.10	00:43:29.29
00:20:40.13	00:44:25.53
00:20:52.33	00:44:32.58
00:21:19.08	00:45:13.00
00:21:01.36	00:45:40.10
00:00:11.53	00:46:18.80
00:21:53.83	00:46:28.51
00:21:30.13	00:47:18.99
00:21:39.08	00:47:47.25
00:23:09.56	00:48:07.80
00:22:06.83	00:48:30.55
00:22:34.58	00:49:00.09
00:24:37.56	00:51:14.06
00:22:56.86	00:52:22.07
00:23:43.56	00:52:41.85
00:24:40.10	00:53:09.84
00:24:37.35	00:53:27.87
00:24:36.10	00:53:49.52
00:24:56.85	00:54:04.76
00:25:25.83	00:55:25.82
00:26:08.80	00:58:39.83
00:27:45.08	00:58:44.98
00:26:46.78	00:59:09.12

00:28:19.52	01:05:14.33
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5Km	Tempo líquido
00:15:40.88	00:33:06.96
00:19:25.14	00:42:00.54
00:20:12.89	00:42:50.33
00:20:10.10	00:43:10.83
00:20:09.10	00:43:29.29
00:20:40.13	00:44:25.53
00:20:52.33	00:44:32.58
00:21:19.08	00:45:13.00
00:00:11.53	00:46:18.80
00:21:39.08	00:47:47.25
00:23:09.56	00:48:07.80
00:22:34.58	00:49:00.09
00:24:37.56	00:51:14.06
00:22:56.86	00:52:22.07
00:23:43.56	00:52:41.85
00:24:40.10	00:53:09.84
00:24:37.35	00:53:27.87
00:24:36.10	00:53:49.52
00:25:25.83	00:55:25.82
00:26:08.80	00:58:39.83

00:26:46.78	00:59:09.12
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5Km	Tempo líquido
00:17:38.86	00:38:44.36
00:18:13.86	00:39:22.72
00:19:02.10	00:40:59.12
00:19:25.39	00:41:55.52
00:19:38.10	00:42:53.49
00:21:01.36	00:45:40.10
00:21:53.83	00:46:28.51
00:21:30.13	00:47:18.99
00:22:06.83	00:48:30.55
00:24:56.85	00:54:04.76
00:27:45.08	00:58:44.98
00:28:19.52	01:05:14.33

5Km	Tempo líquido
00:16:01.88	00:34:50.02
00:19:31.14	00:42:33.29
00:19:30.89	00:42:51.53